



August 29, 2023

Dear Parents and Players,

Welcome to the City of San Leandro's Jr. Warriors Basketball League. We are excited about this program, and hope that your child is too! At this time, I would like to quickly acknowledge the City of San Leandro, the Golden State Warriors, and the NBA/WNBA, for their support of our youth basketball program.

Our Goals:

Our primary goals are for every child to have a **positive learning experience** & to **have fun**. The premise of this program is to teach all participants the basic fundamentals of the game of basketball. The youngest groups will start with the basics, and as each group gets older and more advanced, we will teach more fundamentals. The program offers a ten week, non-competitive environment where beginners and veterans alike can improve their skills through weekly clinics.

1. We will be creating a “fun”petitive rather than competitive atmosphere.
2. The emphasis will be placed on the overall instruction, development and growth of each player.
3. To provide all players with equal playing time and a positive learning experience.

We provide a specially designed basketball program that is safe and fun for our community. Jr. Warriors will be administered in compliance with the current State and County public health orders and will include relevant measures to prevent the spread of COVID-19. This handbook will outline all policies and procedures as well as identify additional precautions we will be taking to ensure the health and safety of our camp community. Our main focus is the health and safety of all participants, staff, and families.

Jr. Warriors will include experiences, procedures, and protocols that may be new to some families and staff. To ensure the best possible experience for your participant, we ask that you carefully review this handbook as it contains important information to help you prepare.

If you have any questions after reading through the handbook, then please contact Recreation Specialist II, Luisa Delos Reyes at [Delosreyesluisa@sanleandro.org](mailto:Delosreyesluisa@sanleandro.org).

Thank you,

SLR Team



AGE	TIME
5-6 Years	8:45 – 10:15
7-9 Years	10:30 – 12:00
10-12 Years	12:15 – 1:45

Location
<b>San Leandro High School, Fred Korematsu Campus Gym</b> 13701 Bancroft Avenue (Please enter the gym in the back of the school on 138th and E. 14 <sup>th</sup> )
Contact Information:
Site Cell Phone: 510-421-2018

**\*\*\*No food or drinks (except water), are allowed in the facility.**

## The 2024 Jr. Warriors Basketball Clinic Season:

Week	Skill Clinic
Week 1 – January 13	Intro to Junior Warriors Ball Handling and Dribbling Clinic Pt 1
Week 2 – January 20	Ball Handling and Dribbling Clinic Pt 2
Week 3 – January 27	Team Assignment & Jersey Distribution Shooting Clinic
Week 4 – February 3	Passing Clinic
Week 5 – February 10	Mid-Season Recap
Week 6 – February 17	Rebounding Clinic
Week 7 – February 24	Defense Clinic
Week 8 – March 2	Offense Clinic
Week 9 – March 9	Agility Clinic
Week 10 – March 16	Full Season Recap

**\*Skill clinic themes are subject to change**

**Picture Day TBD**

# COVID-19 Related Concerns

## Health Screenings

Daily health screenings must be conducted at home every morning prior to dropping off your participant. Children and staff with a temperature of 100°F or higher or are exhibiting any of the following symptoms will not be permitted to attend Jr. Warriors. Symptoms include; cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, and/or vomiting.

Upon the arrival to Jr. Warriors, parent/guardians will be asked questions related to any symptoms of illness or any chance of exposure. Verbal parent/guardian reports will be recorded by staff before the participant is allowed to enter the gym.

Throughout the day, if any participant experience symptoms of illness at any point, the San Leandro Recreation and Human Services Department reserves the right to contact parents/guardians and require immediate pick-up from the program.

## Stay home when Sick

Staff and participants should stay home when they are sick. If a participant or staff member has a new cough or other illness symptoms present, they should not come to the Jr. Warriors basketball program even if they do not have a fever. It is not uncommon for people with COVID-19 to have a cough without fever, especially early in the course of illness.

## When It's Safe to Return?

Scenario	Requirement
If (1) the child's <b>COVID-19 test is positive</b> OR (2) the child is <b>NOT tested and has NO medical evaluation</b> the child may return after:	<ul style="list-style-type: none"><li>At least 10 days have passed since symptoms first appeared, <b>AND</b></li><li>There have been at least 24 hours with no fever, without the aid of taking medicines to lower the fever, such as acetaminophen (Tylenol) or ibuprofen (Advil or Motrin), <b>AND</b></li><li>Other symptoms, such as cough or shortness of breath, are improving.</li></ul>
If a child is <b>NOT</b> tested but has a medical evaluation, they may return before 10 days have passed if:	<ul style="list-style-type: none"><li>Symptoms have resolved, <b>AND</b></li><li>A medical evaluator (a doctor, a nurse practitioner, or a certified physician assistant) provides a letter indicating that (1) an alternative diagnosis has been made and (2) the child's symptoms are <b>NOT</b> due to COVID-19. For privacy reasons, the program is not allowed to require disclosure of the alternative diagnosis.</li></ul>
If the child's <b>COVID-19 test is negative</b> , and the parents or guardians want the child to return to the program before the 10 days of isolation have passed, the child may return if:	<ul style="list-style-type: none"><li>The child is feeling better (symptoms do not have to be completely resolved), <b>AND</b></li><li>There have been at least 24 hours with no fever, without the aid of taking medicines to lower a fever, such as acetaminophen (Tylenol) or ibuprofen (Advil or Motrin), <b>AND</b></li><li>The child consults a medical evaluator (a doctor, a nurse practitioner, or a certified physician assistant) to determine the significance of their symptoms. The medical evaluator will need to provide a letter indicating that (1) the child's symptoms are <b>NOT</b> due to COVID- 19, <b>AND</b> (2) the COVID-19 test was negative (the program is not allowed to require disclosure of the alternative diagnosis), <b>BUT</b></li><li>If it is not possible for the parent or guardian to consult a medical evaluator, <b>they must obtain a COVID-19 negative test result indicating that a molecular test or a PCR was performed.</b></li></ul>
For children without symptoms, who were excluded because of exposure to an actual or possible COVID- 19 case:	<ul style="list-style-type: none"><li>If the child was excluded from a program <b>due to close contact with or household exposure to a COVID positive person or to a person with symptoms of COVID</b>, the child may return after at least 10 days of quarantine following the last household contact or close contact with that person as long as the child does not develop symptoms. If the child develops symptoms of COVID-19 during quarantine, a COVID-19 test should be obtained.</li><li>Note that though a quarantine period of 10 days is the minimum required, 14 days of quarantine is still the safest option. Furthermore, all individuals ending quarantine before Day 14 should adhere strictly to all recommended non- pharmaceutical interventions, including wearing face coverings at all times, maintaining a distance of at least 6 feet from others, and self-monitor for COVID-19 symptoms through Day 14.</li></ul>

## Facilities & Equipment

Staff will routinely clean, sanitize, and disinfect high-touch surfaces and items throughout the day, including but not limited to basketballs, benches, bathrooms, and program equipment and supplies.

## Participant & Staff Hygiene

Participants and staff will be expected to follow the below protocols regarding hygiene and prevention while at the Jr. Warriors basketball program:

- Participants and Staff will wash hands often with soap and water, especially if visibly dirty. Hand sanitizer will be used if soap and water is not readily available. Children will be strongly encouraged to use hand sanitizer and/or wash their hands regularly.
- Participants will be encouraged to keep their hands to themselves and physical distancing will be encouraged whenever possible. Participants may come into close contact with others in their teams.
- All participants, including staff, will be recommended, but not required, to wear a face covering. We will do our best to make accommodations based on direction from the CDC, State, and County. Please reach out with any questions or concerns.
- All participants and staff should cover coughs and sneezes with a tissue. Used tissues should be thrown in a trash and hands washed immediately with soap and water for at least 20 seconds.
- Participants must bring their own water. No one will be allowed to share water. Water will be consumed away from other teams and participants.
- All children and staff should engage in proper hand hygiene at the following times: before and after each activity, after using the restroom, after playing outdoors, after handling garbage.

## Parent / Guardian Hygiene and Site Rules:

Parents / Guardians will be expected to follow the below protocols regarding hygiene and prevention while at the Jr. Warriors basketball program:

- Parents / Guardian will be recommended, but not required, to wear a face covering. We will do our best to make accommodations based on direction from the CDC, State, and County. Please reach out with any questions or concerns.
- Authorized Parent / Guardian will check-in and check-out participant. They will not be allowed to stay on-site inside the gym during practice times. Parents will be notified mid-season about potentially being able to view scrimmages inside. Details for this will follow.
- Parents / Guardian should follow basic health practices, similar to those listed above for participants and staff.

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Please Print Parents Name:

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Parent's Signature

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Participants Name

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Date



Program/Camp: Junior Warriors Basketball Clinics

Date(s) of Program: January 13– March 16, 2024

## **Parents and Participants**

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following the rules and regulation of the Jr. Warriors Basketball Clinics program:

- I will encourage good sportsmanship by demonstrating positive support for all athletes, coaches, and officials at every game, meet, practice and/or other youth sporting event.
- I will place the emotional and physical well-being of my child ahead of my personal desire to win.
- I will insist that my child play/participate in a safe and healthy environment.
- I will require that my child's coach and/or volunteer to be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.
- I will support coaches, officials, and volunteers working with my child, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all youth sports events.
- I will remember that the game, meet, practice or other sporting event is for the children...not the adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other athletes, coaches and officials with respect regardless of race, sex, creed or ability.
- Release of Liability and Photograph Waiver: In consideration of my (and/or my child's/children's) participation in this activity, I hereby agree to indemnify and hold the City of San Leandro ("City") harmless, and release and discharge the City, its employees, representatives, volunteers agents, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, illness, or loss which I (he/she) may suffer arising out of or in any way connected to my (our) participation in the above program, including, but not limited to, any and all liability arising from accident, injury, illness, or loss arising out of or in any way connected to COVID-19 that may arise in connection to participation in this activity. I (we) also will follow the rules and regulations set by the City and above listed parties. Parent or guardian must sign for anyone age 18 and under. I acknowledge that the City takes photographs or other recordings of its activities and events for publicity, and I do hereby grant and give these groups the right to use my or my child's/children's photograph or image with or without my or my child's/children's names, both singly and in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

\_\_\_\_\_  
Please Print Parents Name:

\_\_\_\_\_  
Participants Name

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

# Identification and Emergency Information

*To be completed by parent or guardian*

Name of Program or Camp: Junior Warriors Basketball Clinics Year: 2024

Child's Name		Phone
Child's Address		Child's birthdate
Guardian 1 Name		
Cell phone	Work phone	Home phone
Guardian 2 Name		
Cell phone	Work phone	Home phone
Name of person responsible for child (i.e. parent/guardian)	Home phone	Cell phone

**Please list any medical or special conditions about your child that we should know: (i.e. allergies)**

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Date of last tetanus shot \_\_\_\_\_

**List below emergency contacts and other persons authorized to pick up your child from the program.**

Child will NOT be allowed to leave with any other person without written authorization and verification from the parent or guardian.

**All persons listed must be at least 18 years of age.**

Name	Cell Phone	Daytime phone	Relationship

**San Leandro Recreation and Human Services personnel are authorized to use their discretion to secure the necessary emergency services for my child at my expense. This includes emergency medical treatment, paramedic services and ambulance service.**

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_