

YMCA Camp Silver Creek

Family

Handbook 2023

Dear Families,

We are SO excited that you've chosen to send your campers to YMCA Camp Silver Creek this summer. Please use this handbook as your guide to everything your child might need for camp this summer.

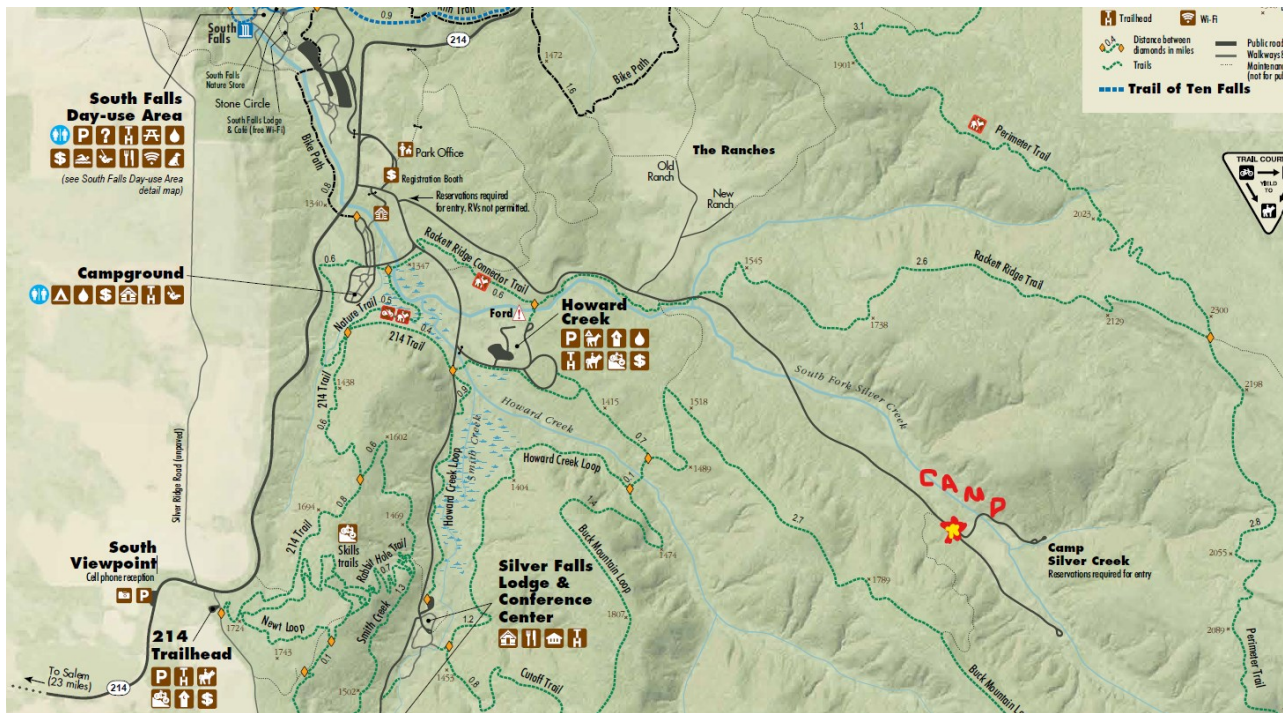
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Getting to Camp:

YMCA Camp Silver Creek is located right in the heart of the beautiful Silver Falls State Park. When you arrive in the park, you'll proceed on Silver Falls Highway towards the park office, then turn East to arrive on camp road. There will be signs during check-in and check-out parking the turn for camp!

Park Map (Camp is noted in Red)



Check In:

Check in on Sunday will start EXACTLY at 2:30, and Run until 3:30. Please do not arrive early.

When you arrive, you will be greeted at the road by our welcome team!

At the road, your camper will be first checked for signs of head lice.

Campers found to have traces of lice will be asked to leave and return once they have been cleared.

You will then get to find out which unit your camper is in, and turn in your health form. Even if you sent in a health form in advance, please bring a copy of the form with you on the day. If we do not have a health form on file, we will ask you to fill one out before advancing to your child's unit. If your child takes any medication, either prescription or over-the-counter, you will turn it in at the road to our camp nurse.

You will then be able to proceed to your child's unit! Once you are at their unit, you will be greeted by the counselor and unit director, who will be able to help your camper get moved in.

After you get your child moved in, you are welcome to come to the admin building to deposit money in their camp store account, or drop off mail from them to receive during the week!

Note: Our facility was build in 1938, and as such, as narrow roads and limited driving space. We appreciate your patience during the process!

Check Out:

Check out on Saturday will be from 9:30-10:00 am. **Please arrive promptly**, so that our staff are able to clean and prepare camp for the next group of campers by 11:30! We will begin checkout at exactly 9:30.

When you arrive at camp, you will proceed directly to your child's unit to pick them up. Their unit director will confirm that you're the appropriate person to be picking them up, and give you any medications your child might have. Once you've picked them up, you are free to leave immediately, or come by the administration building to buy anything at the store, or check lost and found. Please note: We are NOT able to give refunds on any remaining store balances.



Camp Silver Creek Packing List

Please label everything with camper's name. Camp Silver Creek assumes no responsibility for items brought to camp.

Clothing:

- ☐ T-Shirts (one per day)
- ☐ Long Sleeve Shirts (2-3)
- ☐ Shorts (2-3)
- ☐ Long Pants (2-3)
- ☐ Sweatshirts (2-3)
- ☐ Underwear (pair per day)
- ☐ Socks (pair per day)
- ☐ Pajamas (2-3)
- ☐ Rain jacket/Poncho
- ☐ Hat for cool evenings/sun
- ☐ Swimsuit
- ☐ Tennis Shoes (2)
- ☐ Sandals with backstrap or shoes that can get wet

Bedding:

- ☐ Sleeping bag
- ☐ Pillow
- ☐ Extra Blanket
- ☐ Sheets (optional)

Personal Hygiene:

- ☐ Small shower bag (optional)
- ☐ Towels (2)
- ☐ Soap & Shampoo
- ☐ Comb/Brush
- ☐ Toothbrush & Toothpaste
- ☐ Deodorant
- ☐ Waterproof Sunscreen
- ☐ Insect Repellent (DEET)
- ☐ Chapstick

Additional Supplies:

- ☐ Daypack or Backpack
- ☐ Flashlight
- ☐ Water Bottle
- ☐ Camera
- ☐ Books and/or magazines
- ☐ Stationery, stamps, pen
- ☐ Goggles (optional)
- ☐ Journal (optional)
- ☐ Musical Instrument (optional)

Please Do Not Bring: Personal sports equipment, electronic devices (phones, tablets, laptops, music devices), candy/gum, alcohol, tobacco, drugs, vaping pens, weapons or explosives, animals, personal vehicles

Sample Daily Schedule:

Note: While this schedule serves as a guideline, each day might be a little different—sometimes a whole unit will do an game, and sometimes we might have a special activity, like Carnival!

Daily Schedule and Activities

7:30 – Wake Up

8:15 – Morning Announcements

8:30 – Breakfast

9:30 – Values

10:00 – Skill Group 1

11:15 – Skill Group 2

12:30 – Lunch

1:30 – Rest Period (FOB or HOBC)

2:30 – Cabin Group Time

4:00 – Free Choice Time

5:00 – Return to Units

6:15 – Evening Announcements

6:30 – Dinner

7:15 – Twilight Games

8:30 – Campfire

9:45 – Lights Out

Sample Daily Schedule:

Polar Bears – 3...2...1... JUMP! Wake up early to take a dip in the lake! This activity is optional, but so much fun and creates wonderful memories.

Values – We teach the YMCA's core values: Respect, Responsibility, Honesty, and Caring and how to use those values in everyday life.

Skill Groups – Swimming, archery, music, wilderness survival, sports, hiking, arts and crafts, and more.

Rest Period – Flat On Bunk (FOB) is a chance for campers to relax, read a book, or take a nap to refresh for the remainder of the day. Teen Campers have a downtime known as Hangout, Be Cool (HOBC).

Cabin Group Time – This is the time for quality group bonding! Counselors may take their group hiking, swimming, creek-walking, or scavenger hunting. Cabin group time is also a great time to visit the shower house.

Choice Time – This is a great time for siblings and friends in other units to come together, relax on the grassy field, and participate in the same activities. Areas typically open during choice time include archery, swimming, boating, field games, arts and crafts, and the camp store.

Twilight Games – Capture the Flag! Alien Hunt! Where's Waldo?! Twilight games bring the whole camp together for crazy fun.

Campfire – Everyone comes together around the campfire. Cabin groups may sing a song, lead a skit or share a story.

Lights Out – Counselors may sing songs, read stories, or let campers share devotions such as Roses and Thorns, when campers reflect on their day by sharing their favorite moment, something that was challenging, and what they are looking forward to tomorrow.

Contact Information:

Camp Address:

19984 Silver Falls Hwy SE
Sublimity OR 97385

Camp Phone:

503-979-1348

General Inquiries:

campsilvercreek@theyonline.org

Financial Information:

Felicia Fisher

Youth Development Administrative Assistant

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Questions about Registration and General Services:

Erin Chambers

Director of Camping Services

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Questions about Camp Procedures, Buddy Requests, or Camper Support:

Adrienne Chodnowsky

Camp Director

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