



## ALLERGY EMERGENCY CARE PLAN

My child \_\_\_\_\_ does/does not have an allergy.  
Child's name (circle one)

Signature required at the bottom for ALL forms. Please complete all allergy information even if medication is not necessary.

Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Site: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Address: \_\_\_\_\_

### To provide assistance to this student experiencing an allergic reaction:

Type of allergy: \_\_\_\_\_

Identify triggers for allergic reaction:

Possible allergic signs: \_\_\_\_\_

OTHER CONSIDERATIONS:

#### **ACTIONS TO TAKE (Do This)**

**Stay calm.**

**Stay with the child.**

**Ask someone to contact 911 and/or parent**

**Are medications at the Y program? Yes/No**

**Medications on file to treat child:**

*In order for the Y to administer medication, a completed Medication Administration Authorization Form must be on file.*

Other care options: \_\_\_\_\_

### CALL 911 if student has:

Difficulty breathing or noisy breathing  
Tightness of chest  
Swelling of tongue, eyes, or lips  
Swelling/tightness in throat  
Difficulty talking and/or hoarse voice

A wheeze or persistent cough  
Loss of consciousness and/or collapse  
Vomiting, stomach cramps, or diarrhea  
Blue discoloration of lips or fingernails  
Becomes pale and floppy

### Administer CPR if breathing stops! Continue until paramedics arrive!

I give consent for the Y in Central Maryland authorities to take appropriate action for the safety and welfare of my child. I give my consent for the Y in Central Maryland authorities to communicate with the authorized health care provider when necessary.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_