Date _____



Allergy Action Plan Summer Camp 2021

Participant's Name:	Birth Date:	
Allergy to:		
Parent/Guardian's Name:	Phone:	
Doctor's Name:	Phone:	
Asthmatic: Yes* No *Higher risk for severe re	action	
STEP 1: RESPONSE		
<u>Reaction</u>	Give Checked Medication	
) If a food allergen has been ingested, but no reaction:	☐ Epinephrine ☐ Antihista	mine \square
Throat* - Reported tightening of throat, hoarseness, hacking cough:	☐ Epinephrine ☐ Antihista	mine \square
Lung* - Shortness of breath, repetitive coughing, wheezing:	☐ Epinephrine ☐ Antihista	mine \square
Heart* - Fainting, pale, blueness:	☐ Epinephrine ☐ Antihista	mine \square
) Other*	☐ Epinephrine ☐ Antihista	
Mouth – Reported itching/tingling, swelling of lips, tongue, mouth:	☐ Epinephrine ☐ Antihista	
Skin – Hives, itchy rash, swelling of the face or extremities:	☐ Epinephrine ☐ Antihista	mine \square
Gut – Reported nausea/abdominal cramps, vomiting, diarrhea:	☐ Epinephrine ☐ Antihista	mine \square
If reaction is progressing (several of the above areas affected), give:*Potentially life-threatening	☐ Epinephrine ☐ Antihista	mine \square
<u>Dosage</u> (Must also complete Medication Dispensing Information form and Permission Claims form.) Epinephrine: (check one) □ EpiPen □ EpiPen Jr. □ Auvi-Q	Detailed Directions:	
Antihistamine: Detailed Directions:(Medica	ion/Dose/Route)	
Other: Detailed Directions:	, ,	
	ion/Dose/Route)	
STEP 2: EMERGENCY CALLS AND RI		
In the case of an allergic reaction that requires the assistance of		by staff,
the following response plan will be adhe		
1. Call 911 and state their belief that an allergic reaction to the child ma	y be occurring.	
2. Administer the prescribed dose of approved medication.		
3. Contact parents/guardians.		
4. Provide Allergy Action Plan to paramedics.		
STEP 3: ADDITIONAL INFORMATION FOR RES	PONDING PARAMEDICS	
Is there any additional information about which responding paramedics shoul	d be made aware of?	
I have filled out the Allergy Action Plan to the best of my ability with the cur	rent knowledge I have of this p	articipant's allergy.
Parent's/Guardian's Name:		

Signature of Parent or Guardian _____