

## UNDERSTANDING OF RISK FORM

## **Background Information:**

Yellowstone Resource Center (YRC) Challenges Program provides experiential for individual and group activities. The use of a Ropes course, participation in initiatives, and processing are utilized as catalysts for personal and educational growth. This experiential based program emphasizes the importance of trust, cooperation, contemplation, choice, support, communication, and going beyond self-perceived limits.

The YRC Challenges Program is designed to physically, mentally, and emotionally challenge participants to some degree. Participants will be asked, but not required, to challenge themselves on many levels, yet physical skill and self disclosure are not necessary to successfully complete the challenges.

## To The Participant: , in consideration for being permitted to participate in YRC Challenges Program, understand that even under the safest conditions, ropes courses, initiatives and processing have a number of inherent risks and hazards that are beyond the control of the YRC Challenges Program and its staff. I understand that care and attention will be given to the health of the participants, but the YRC Challenges Program and/or leadership staff cannot be held liable for any injuries or illnesses sustained which are not solely caused by YRC Challenges Program negligence. I further understand that the YRC Challenges Program may be physically, mentally and/or emotionally demanding. I will inform YRC staff of any mental, medical and/or physical conditions that may create undue risk to myself or others who may depend on me. The YRC Challenges Program staff retains the right to refuse admittance to any person who they deem as unsafe or at risk to themselves or others. I also agree that my participation in the program is voluntary. I have read and understood all of the provisions listed in this form. I am signing this form voluntarily. Print: Name Address Phone Participant signature Date

Date

Parent/guardian signature (if participant is under 18 yr. of age)